

## 5. Romans: Finding Rest in the Struggle

*Wretched man that I am! Who will rescue me from this body of death? 25 Thanks be to God through Jesus Christ our Lord! Romans 7.24-25*

*'Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.'* Matthew 11.28-29

Paul...goes into a treatise on the Law of God making two points: the first being, the law is good, even so, the second being, the law is \_\_\_\_\_ adequate to life.

Paul's witness in Romans 7 shows just how impossible it is for us to \_\_\_\_\_ as Jesus loves!

Love is a \_\_\_\_\_! We only need to look to Jesus in the Garden of Gethsemane as He faced the Cross to see how much of a struggle it can be.

The law of God commands us in matters of personal holiness and social justice, but it has no \_\_\_\_\_ to help us in fulfilling its requirements.

*O what a wretched man I am! Who will rescue me from this body of death? We can only understand what's behind this question, if, like Paul, we \_\_\_\_\_ the struggle against sin embedded in the members of our bodies. It is so hard to love another person as we love ourselves. Through that struggle the apostle Paul found God's answer, Thanks be to God through Jesus Christ our Lord!*

We can have one of \_\_\_\_\_ responses when we witness the work of the Spirit in our midst: one is to offer disapproval and recrimination (that is, we are threatened by what we witness and unwittingly assert our will over God's), the other is to embrace the wisdom that comes from God that may not always fit our earthly expectations (that is, we humble ourselves before God and repent).

The wisdom that comes from God \_\_\_\_\_ comes by revelation from God.

In the struggle of life, there are many ways we seek to find \_\_\_\_\_ for our souls; the triad vices of wealth, sex, power are just a few. But Jesus invites us to come to Him, and **He will give us rest.**